

## **SWYWA Athlete's Code of Conduct**

All wrestlers are encouraged to develop a deep sense of respect for all, while endeavoring to enjoy the sport and improve their ability. Each player is expected to use proper skill and technique when engaging in practice and competition.

## Wrestlers should:

- Wrestle for fun.
- Work hard to improve skills.
- Be a team player by working with and getting along with teammates.
- Learn sportsmanship, and discipline.
- Be on time.
- Learn the rules and wrestle by them.
- Respect your coach, teammates, parents, volunteers, opponents and officials.
- Never argue with an official's decision.
- Do not engage in any form of abusive behavior toward any other person.
- Understand your right to play in an environment free from harassment and/or abuse in any form. Report any incidents of harassment/abuse immediately.

## **SWYWA Parent's Code of Conduct**

All parents are encouraged to support their team while showing respect for all players, coaches, officials, spectators and other parents.

## Parents should:

- Encourage your child to play by the rules.
- Do not embarrass your child by yelling at wrestlers, coaches, officials or spectators. Show a positive attitude toward the game and all participants.
- Emphasize skill development and practices and how they benefit your athlete.
- Know and study the rules of the game and support the officials on and off the mat.
- Applaud good effort in both victory and defeat.
- Never yell or abuse your child at any time. Work towards eradicating abuse at all levels of the sport.
- Volunteer when possible.
- Understand your child's rights to play in an environment that is free from harassment and/or abuse. Report any incidents immediately.



Volunteers are needed!

of short notice or emergency.

SWYWA has one of the lowest costs of any rec program in Hanover. One reason for this is that we ask each family to have at least one volunteer at every home match and tournament that we host at South Western High School.

Whether you are volunteering at concessions or working a mat table, arrangements are made so that you will not miss any of your child's matches. Bout writing and set up volunteers are needed the night before the matches.

Please detach and return at or before the first practice.	
Yes, I have read and understand the Parents Code of Conduct.	
Yes, my athlete has read and understands the Athlete's Code of Conduct.	
Athlete's Signature	Date:
Guardian's Signature	Date:
I can volunteer:	
Concessions	Bout Writing
Mat Side Table	Gym Set Up
Head Table	Any area needed
Volunteer's Name:	
Email:	<del></del>
Phone:	
Email will be the preferred method of contact for volunteers. However, texts may also be used in cases	